

The Fulton County News.

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FOODSTUFF IN WAR TIME

Talks on Health and Hygiene by Samuel G. Dixon, M. D., LL. D., Commissioner of Health.

Food makes the sinew of war. During the activities of a war as the world is now experiencing, millions of men and women are engaged in manufacturing munitions for every requisite warfare, both on land and water.

Food supplies, the very sinew of war, therefore, the guarding of meat, milk, vegetables and such becomes one of our imperative measures of defence. These essentials will have to be looked after to supply those at the front and those guarding the great treasures of a Republic.

Unfortunately at the present time more than ever before in the history of the world our people are restless and demand to be satisfied. They do not today much as in former times make their daily occupation their duty. For this reason they flock to the centers of population to be entertained by various forms of amusement. This robs the farms and gardens of our country which can ill afford at such a time to be neglected.

With these conditions staring in the face our attention is directed to a serious condition which threatens a nation that has been long engaged in active warfare. No one can guess the length of time the United States in America will be involved in fighting herself from foreign interference with her national life. Today, therefore, is the time to begin to economize in the use of foodstuff, the waste of which is a sin.

Gardening and farming furnish health and profitable activities for women. If many idle women and those who engage in various kinds of simple recreation, should be given a useful occupation, such as gardening, it might be more profitable to them physically, mentally and morally and of inestimable value to their country. This is the time of all times when leaders of society who are able to induce all those who are in frivolous habits to gardening and farming would become strong.

At the time of the apartment houses, we can say in all seriousness that almost every woman had the facilities for making her own little gardens which would be made to produce a part of their daily food.

This is the time to call for co-operation and the recognition of the necessity on the part of men and women in the community to make some provision for their own food. They must become producers or continue to be burdens on the country in which they live.

Of us who live in our cities, we can contribute something to the strength of the nation by maintaining our health and the food supply. The spade, rake, hoe and wheelbarrow will furnish us with all that is necessary to cultivate our own gardens. It is necessary to cultivate our own gardens in our yards or on the flat. If we have front yards, we can raise peas, corn, carrots, parsnips, egg plants, onions, radishes or squash.

War has been declared just in season for men and women in their gardens. With in-gardening even those who are given the subject any will be surprised to find a small plot of ground.

Change in Firm.

As was noted in the NEWS some time ago, C. Murray Ray sold his farm in Ayr township and purchased the Bakery property on East Market Street from his brother Sanner, who is building a new house in the extension east of town just across the Commons from the Lutheran church property. On the first of this month Murray and family moved to town and are now conducting the bakery. Murray is making improvements to the plant and expects to give to the community a service that will merit the patronage of all our home people. One of the first things was to purchase a brand new up-to-date bakery wagon, such as you see in the cities and larger towns with compartments for his different products, so that they may be delivered to customers in a strictly sanitary condition.

200 Acres In Beans

Martinsburg, W. Va., April 8.—Anticipating a continued big demand and good prices for the most substantial of all army rations, the navy bean, and in an effort to do his part in answer to the government's appeal for our people to grow more vegetables and grains—to cultivate intensively all available lands—J. W. Stewart well known as one of the leading apple growers of the Shenandoah Valley will plant more than two hundred acres of white navy beans. The beans will be used as a filler crop in his apple orchards in Berkeley county in such portions as government agricultural experts, after inspection of the soils, pronounced adapted to bean culture. Mr. Stewart bought 150 bushels of seed beans, paying over \$1200 for them.

White Easter.

Easter Day in McConnellsburg was rather bleak and cold. The temperature was 28 in the morning; 45, at 1 o'clock, 32 in the evening and down to 23 Monday morning. The near-by mountains were white with snow Sunday morning and in the afternoon and evening more fell. The Reformed-Methodist Presbyterian congregation had a sunrise service in the Presbyterian church at 6 o'clock, at which about seventy-five persons were present. Communion services were held in the Reformed, and in the Lutheran churches at 10:30. Communion services in the Greenhill Presbyterian church at 2:30. The membership at the Greenhill church is small, but nearly all the members were present. They have preaching services once a month.

Good Roads Meeting

A meeting has been called for Saturday afternoon April 14th in Orbisonia Opera House for the purpose of organizing the Mt. Union, Orbisonia and McConnellsburg Highway Association. Prominent statesmen, bankers, lawyers and business men have accepted invitations and are already laying plans for aggressive campaign this spring and summer. The general public is heartily invited and all who can possibly do so should attend. Well signed petitions have been secured in the various towns along the route, and a strong committee will present the claims of the proposed road at Harrisburg.

Elder John B. Runyan, of the McConnellsburg Presbyterian church accompanied, Rev. J. L. Yearick to Mechanicsburg Tuesday to attend the spring meeting of Carlisle presbytery. Men when they get close to nature, enjoy studying her methods of germination and growth. Even the short time spent outdoors in working a little garden each day will add strength to our bodies and minds and therefore make our defense in our time of war more formidable.

TERRIFIC EXPLOSION AT EDDYSTONE.

One Hundred Sixteen Munition Workers Known to Be Dead. Believed to Have Been Accidental.

No such catastrophe since the war began has been reported as that which occurred Tuesday morning about ten o'clock at the plant of the Eddystone Ammunition Corporation, near Chester, Pa. More than 7,000 people are employed in the plant consisting of many large buildings, and millions of dollars worth of munitions are turned out for the contending armies in Europe.

An explosion occurred in one of the buildings at 10 o'clock, in which shells were loaded, most of the work being done by women and girls. This explosion was soon followed by two others, which cause the building to soon be in flames. The local fire department was put to service, and the whole fire fighting force of Chester went to the rescue, but in spite of every endeavor to save life and property, 116 persons, mostly women and girls had perished, and many more injured. Wild rumors of a plot to blow up the plant by alienists were soon in the air, but as a careful investigation followed, the officers of the Company are convinced that the disaster was the result of carelessness on the part of some one of the employees.

Alba A. Johnson, president of the Company, ridiculed any idea of German plotters, saying that 200 armed guards picket the plant day and night, and that no alien or disloyal marplot could have had access to the building. Several Fulton County people have been employed at the plant among them, Lewis Largent, John Taylor and Clarence Nesbit. Clarence's home people had a telegram from him yesterday morning saying he was safe.

Phosphate Fertilizers

Four forms of phosphate fertilizers are today used for soil improvements: (1) acid phosphate, (2) dissolved bone, (3) ground bone, (4) raw rock phosphate or "floats." Virtually all the phosphoric acid in the first two is in a soluble and readily available form. The latter two are natural products and in their original state practically all the phosphoric acid in them is insoluble and unavailable.

Where quick results are desired, acid phosphate or dissolved bone will, no doubt, prove most satisfactory. Phosphoric acid in raw rock phosphate cost only twenty-five percent as much as phosphoric acid in acid phosphate but it is not so readily available. Various field experiments have shown beyond question that raw rock phosphate when applied in liberal amounts with decaying green manure or barnyard manure gives results equal and in many cases superior to limited applications of acid phosphate. When applied on the cost basis, three-fourths of the rock phosphate will still be left in the soil when all the acid phosphate is exhausted.

On Pennsylvania soils, all of which are deficient in phosphorus according to Prof. J. W. White, of the Pennsylvania State College, any form of phosphoric acid may be used.

Easter joys were intensified in the home of Mr. and Mrs. John A. Irwin of this place, when the parents were enabled to sit at dinner in their home with most of their children. There were present, Max, of Pittsburgh; Mary, of Hood College, Frederick, Md.; Harry, who just returned from England a few weeks ago after having spent two years in that country, and their son-in-law, Mr. Robert B. Cunningham, Professor of Mathematics, Stevens Institute, Hoboken, N. J. This completed the family circle, with the exception of Frank, at Hagerstown, and John Rex, teaching in Coneaut, Ohio.

The Message of Easter

The majority of the American people take Easter celebration somewhat lightly. They listen attentively to the words of the preacher and are more or less moved according to temperament. But with all the style parades and striking new clothes, the more frivolous side is somewhat prominent.

Over in Europe Easter is something very different this year. In the great fighting countries, the majority of families have suffered the loss of some one from their own hearthstone. Others on the firing line are likely to be called to pass on at any moment. Under that atmosphere Easter has few festal aspects.

Over there millions throng the churches hoping for some message of hope to fill their dark lives. The message of confidence which the Fathers have passed on to us is heard with hungry ears and will be cherished for many a day.

More and more the tendency of thoughtful men is to accept the Easter message of resurrection and fulfillment which the Bible brings. There was a time when the educated and scientific world scoffed at the idea of any confidence in a future life. The educated world pays more respect today to the value of the gospel story and it is the ignorant and unthinking, the money getters and materialists, who are the doubters.

All philosophy goes to confirm the truth of Easter's message. If there be not some future life to adjust wrongs of this one, the world is indeed a mockery and justice is not in it. It is impossible to conceive of a maker of the universe who should not bring to full fruition any life that manifests a desire for truth and righteousness.

Court Closes 48 Bar Rooms

Judge Baldrige, of the Blair county license court granted three brewery and eight hotel licenses, and withheld decisions on the applications of forty-eight other hotelmen, forty-seven being renewals.

In March 1916, Judge Baldrige entered a decree prohibiting landlords from making indiscriminate bottle sale, and requiring the keeping of registry records of all bottle sales.

Forty-eight landlords violated this decree and when their registry books were produced in court the tell-tale evidence of their violation of the court's order was revealed.

Many landlords retained bottles to Pennsylvania Railroad employees on train duty, and sent baskets of flasks into the dry territory of Huntingdon, Mifflin and Bedford counties. They cleared up profit of between \$5000 and \$10,000 each out of the bottle sales, it is said.

The forty-eight landlords now brought by the court to the stool of repentance each sold between 6000 and 20,000 bottles. Antisaloons advocates compute that the total bottle sale aggregated 20,000 with \$100,000 profit to the landlords, who defied the decree of the court.

Elvey-Thomas.

Walter Elvey and Miss Nora Esther Thomas were quietly married at the M. E. parsonage Wednesday p. m. April 4, 1917, by the officiating minister Rev. Edward Jackson.

The groom is a son of Mr. and Mrs. Daniel Elvey of Todd township, the bride a daughter of Mr. and Mrs. George Thomas of Ayr township. Both are excellent young people and have the best wishes of their numerous friends for a long and prosperous journey through life.

D. E. Little is having an addition built to the property he recently purchased just west of the City Hotel.

Clean Up, Says Health Department.

There were over two thousand cases of infantile paralysis in Pennsylvania from July 1st to the end of the year 1916 with over five hundred deaths. The Health Boards and physicians generally found by experience that where an energetic clean-up was carried out, the disease was most easily controlled and stamped out.

A letter has been received by our county health boards directing them to see to it that all cess pools, whether in town or the country, which are filled to within 18 inches of the top, must be cleaned out and disinfected with the liberal use of unslaked lime. The privy should be screened against flies, and covers provided for the seats. The contents must be removed to a safe distance from the habitation and buried at least 12 inches below the surface of the ground and where there is no risk of infecting the streams, wells or springs. Unslaked lime should be thrown into the privy frequently.

In towns and villages manure must not be allowed to accumulate in open piles. The daily contents should be placed in pits or bins tightly covered or thoroughly fly-screened. The manure from the pits or bins must be removed once a week from the first day of May until the first day of November, and the stables must be cleaned daily.

The good housekeeper needs not be told that in housecleaning all vermin, such as lice, bedbugs, roaches, flies, mosquitos, rats and mice should be exterminated.

Cellars should be kept clean at all times; this includes the floors, walls and ceilings. Cellars should be kept dry. Cellars should have the windows as well as all other openings for ventilation, flyscreened.

All dwelling houses should be thoroughly screened by the end of April, and the screens kept in good condition until cold weather or until insect life has ceased its activities.

There are a few people who think it a reflection on their ability to manage their own affairs to have a health officer come upon their premises to see that everything pertaining to the general welfare of the community is all right. If you have everything in a sanitary condition, you have nothing to fear. The officer goes upon your neighbors premises, same as your own, and it may be that in your neighborhood exists a condition that if neglected will cause an epidemic of typhoid fever, infantile paralysis, or some other preventable disease. The doctor's bill, the funeral expenses, to say nothing of the loss of some loved member from the family circle, should make every thoughtful person thankful that the State is exercising a care over the community that should have the cooperation and encouragement of every good citizen.

From Last Week's Hancock News.

Mrs. J. Campbell Patterson, of Clarksburg, W. Va., was the guest of Dr. and Mrs. W. F. Sappington, Wednesday and Thursday of last week, stopping off here enroute to Baltimore.

Miss Virginia Ranck, niece of Mr. Frank Ranck, who has been attending school in Hagerstown, came home last Thursday feeling ill and has since developed diphtheria.

Mrs. Thomas Litton, who for the past two months has been a patient at the Washington County Hospital suffering with a fractured hip, was brought home last Thursday about fully recovered from her injuries.

A Ford, driven by Mr. Jack Caspar, hit a Chevrolet, driven by Dr. Sappington, in front of the Monterey Hotel, last Friday night, tearing off one of the Chevrolet's fenders and knocking the car about ten feet. No one was injured.

Off For Russia.

Harry Irwin, son of Mr. and Mrs. Jno. A. Irwin, of McConnellsburg, who for several years has been special representative in foreign countries of the Landis Tool Company, Waynesboro, Pa., left yesterday for an extended business trip through the countries of Japan, China, and Russia. He came home from England about a month ago, his vessel successfully dodging the German submarines. From McConnellsburg, he goes to San Francisco; thence across the Pacific to Japan, and after having spent some three months in that country and China, he will make the long trip over the Siberian railroad to Petrograd. He goes to those countries to open up territory for new business—now for three of the largest manufacturers of tools in the world, of which the Landis Tool Company is one. Harry is another Fulton County boy that has made good. He started as a student in the Williamson School and is still going!

State Agricultural Notes.

Somerset county maple sugar producers report the present flow far above the average and the best crop in fifteen years is expected.

Secretary of Agriculture Patton urges farmers to save their breeding ewes and increase their flocks as there is every promise to be good profit in wool and mutton during the present year.

The State Board of Agriculture will hold its annual normal institute at DuBois on May 22, 23 and 24.

Following the suggestions of Secretary of Agriculture Patton the Harrisburg Chamber of Commerce has been urged to inaugurate a plan whereby its members arrange to give one day this Summer as help for the farmers of Dauphin county.

Secretary Patton urges all employers of labor to arrange to detail one or more men one day each week to help out on the farm in their immediate vicinity during the summer. The farmers need farm help badly and every effort must be put forth to bring about a maximum production of farm products.

SIPES MILL.

Mr. and Mrs. Brady Mellott and family spent Sunday with Mrs. Mellott's father, Mr. David Hann.

Reuben S. Mellott is away on his Easter vacation.

A son was born to Mr. and Mrs. Earl Mellott last Sunday evening.

Mrs. Walker Mellott and daughters, Goldie and Ethel, and son-in-law Frank Strait, spent Easter with Mrs. Mellott's son Earl.

Mr. and Mrs. Sylvester Truax and family visited C. S. Mellott Sunday.

Ralph Deshong was a pleasant caller at Nathan H. Mellott's last Sunday.

Maynard Deshong has purchased a new Bluegrass buggy.

Ira Mellott, of Needmore was a caller at E. P. Strait's Saturday and Sunday.

John Hollenshead lost a valuable cow last week.

E. P. Strait, of Pleasant Ridge, lost a fine pair of twin colts last week.

Those who spent Easter at Riley Deshong's were his father A. W. Deshong and wife and daughters Eva, Helen and son George, Mr. and Mrs. Howard Swope and baby, and his mother Mrs. Ruth Swope, and Harry Mellott.

Master Norman Deshong, little son of Riley Deshong, took his basket on Easter morning and went to the barn and fetched to the house 9 dozen and 2 eggs, which he had hidden for his Easter.

RECORD OF DEATHS.

Short Sketches of the Lives of Persons Who Have Recently Passed Away.

ANDREW N. WITTER.

Andrew N. Witter, whose death we briefly noted in the NEWS last week was a son of Stephen and Sarah Jane (Shaw) Witter. He was born November 11, 1854 and died March 31, 1917. He was born and spent his entire life in Taylor township, Fulton county, Pa. He was the last survivor of a family of five children, namely, Emmanuel, Rebecca (married to J. Linn Keswelling), Sarah, married to John A. Henry, and William. About 34 years ago he was united in marriage to Miss Mary Belle, daughter of Wilson Bergstresser formerly owner of the Waterfall flouring mill. To this union two sons were born—Irvin, dying in infancy, and Roy, now living at home with his mother. After marriage he spent a short time on a farm, when he went to Dublin Mills and engaged in the mercantile business. After a short period at Dublin Mills, he located at Waterfall, where he continued in the mercantile business until the time of his death. Prior to the time of his marriage, he taught school seven terms.

Mr. Witter was a man of more than ordinary intelligence, and possessed a remarkable memory. Unassuming, he was strictly attentive to his business, thoroly honest and reliable, so that he possessed the confidence of the entire community. His business habits were methodical and correct. It is said that during the many years he served as postmaster, he never had a report to come back upon him for correction.

Never, previous of his last illness had he been detained from his business a single day on account of sickness. About the first of last January he took a cold or grip. Later he seemed to have pretty well recovered, when he relapsed into bronchial pneumonia, and that developed into the worst form of pulmonary tuberculosis, which rapidly brought to termination a useful life.

The very large number of persons who attended his funeral on Tuesday April 3d, bore evidence of the esteem in which he was held in the County. He was a member of the M. E. Church. His body was laid to rest in the cemetery at the Center M. E. church.

JOHN MANN.

John Mann, one of Fulton County's aged citizens, died at the home of his sister, Mrs. Elizabeth McClellan at Needmore this county, on Sunday evening, April 1, 1917 in the 79th year of his age. The funeral took place on the following Tuesday. The funeral sermon was preached in the Baptist church at Needmore by Eld. C. L. Funk, and interment was made in the cemetery at the Tonoloway Baptist church. Mr. Mann had been in declining health for some time but the immediate cause of his death was Bright's disease followed by a stroke of paralysis.

He is survived by three sons and one daughter: Albert near Pittsburgh; Peter and Elmer, near Warfordsburg, and Mrs. Myrtle Ressler, in South Dakota. Mrs. Ressler came to see her father about two weeks before his death, and is now visiting among her friends and relatives in this county.

John W. Carmack, of Clear Ridge, brought his brother Harvey and wife to McConnellsburg last Saturday on a little shopping trip. John closed out his farming outfit at sale a few weeks ago and is going to try the public works a year for a change. Harvey and his wife are moving to Woodvale, where he expects to do hauling this summer.